



ALL SAINTS' CHURCH

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

Our Vision: *"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."*

THIS SUNDAY — March 30th, 2025

"On Seeking Solace in the Psalms"

On Seeking Solace in the Psalms



I began this Lenten season with a lofty goal: spring cleaning by way of going through everything in our possession. Admirable? Yes. Realistic? Not quite. Because you see, by the time I manage to complete my work day, exercise, spend time with my spouse, care for my fur babes, and go about the ordinary tasks of life, I am left with little time for anything else. Last week, I decided to apply a method I've used for my entire life in music and acrobatic skill-building endeavors: breaking the goal "skill" (a tidy, organized, and far less-cluttered home) into the smallest

pieces that will get me there. And so I arrived at a much more realistic way to get there: everyday, I give away or dispose of one thing. So far, it's been more than one thing everyday, leading to a feeling of satisfaction but more importantly, I get a little closer to my goal. Do I still feel overwhelmed? Of course. But I try hard to keep my eyes on the prize and not overthink it, as I am prone to do.

Now, what on earth could this have to do with any of the scriptures we are given for this week? A great question. Kindly indulge my longwinded answer. My husband and I have begun the (wonderful) series *David* on Amazon Prime (it's so good. Highly recommend). You are likely aware of David's connection to the psalms: nearly half of them are attributed to him. I have always been one to gravitate toward them, as I am a musician and singer. (I also find the depiction of David's musical life in the series to be so well done). And this week, we get an absolute banger of a psalm

in number 32, which I remember as the “you are my hiding place” Psalm. “I will instruct you and teach you in the way that you should go; I will guide you with my eye.” This is the phrase that stuck out to me when I read it this time around.

As a human rights lawyer for the better part of the last decade, I have born witness to unspeakable things. Horrors that human beings enact upon each other which will haunt me until my final day. For several years now, a question I constantly return to is: when did I choose this? How in the world did I ever consent to this life and this path? These questions loomed loudly and weighed me down as I dozed in the backseat of Father Carlos’s Mini Cooper with Mother Christina at the wheel on our way to Palm Springs for the Episcopal Convention last November. Then seemingly out of nowhere, Mother Christina goes, “I did not choose this, He chose it for me.” And there it was. The answer I had been seeking.

Later that afternoon I approached her to explain and thank her for this morsel of clarity. While I don’t necessarily remember her exact words, I experienced a noticeable imparting of grace in the encouragement she gave to me. I cannot quite describe it, other than being sparked alive with peace and joy and vitality. I have had several moments of this since then, and feel a strong sense of purpose in my life that I cling to constantly. It’s done wonders for my ability to navigate the complex and constantly-changing world of immigration law and policy. And while I am fortunate to have received such a truly life-altering clarity in Mother Christina sharing the Lord’s words with me, I also get little moments of instruction, too (Remember? “I will instruct you and teach you in the way that you should go; I will guide you with my eye”). And one of those moments was applying a form of skill building with which I am intimately aware to the clutter and disorganization in my home. If we seek the Lord in all things, we will surely find Him there.

Praying for you always and sending big hugs,

Emily Ortlieb

As part of Fr. Carlos’ open invitation to write reflections during Lent, this week’s reflection was written by Emily Ortlieb.

Readings for the *Fourth Sunday in Lent*

Joshua 5:9-12 + 2 Corinthians 5:16-21 + Luke 15:1-3, 11b-32 + Psalm 32

CALENDAR

Note: We worship in our historic church. The service will also be on Zoom. The service time is 10:00 AM. Tuesday Noon Mass is held in All Saints' St. Mary Chapel.

SUNDAY March 30, 2025 The Fourth Sunday in Lent

10:00 AM Mass in All Saints' Church

Join Zoom Meeting from our web site at www.allsaintschurch.org

Recording of Mass available before noon at www.allsaintschurch.org

Christian Formation and First Communion Instruction for Children

Ages 5 - 12 in the Parish Hall from 10:00 AM - 10:45 AM

Christian Formation for Adults (the 2nd and 4th Sundays)

Youth and adults around Noon after the Mass in the Library

Recording of Mass available before noon at www.allsaintschurch.org

OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gift
- Remembering that God loves everyone unconditionally

An Anglo-Catholic Parish in the Episcopal Diocese of San Diego

www.allsaintschurch.org

www.edsd.org